**April 2024**

**Lakeside Village**

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| --- | --- | --- | --- | --- |
| **MONDAY** | **Tuesday** | **Wednesday** | **Thursday** | **FUN-Friday** |
| **1st**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Support Group  11:00- Mindful Affirmations  12:00- Lunch prep / clean up  1:00 – Goals  2:00 – End of Day Discussion  3:00- Departure | **2nd**  8:00- Morning Prep/Social  9:00- Feelings Check  10:00- Get Moving  11:00- Music Therapy  12:00- Lunch prep / clean up  1:00 – Feelings Journal  2:00 – End of Day Discussion  3:00- Departure | **3rd**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Brain Games  11:00- Meditation  12:00- Lunch prep / clean up  1:00- Effective Communication  2:00 – Life Skills  3:00- Departure | **4th**    8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Creative Writing  11:00- Outing- Kickball Practice  12:00- “” Lunch “”  1:00 – Kickball Practice Cont’d  2:00 – “”  3:00- Departure | **5th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Switch  11:00- Goals Follow Up  12:00- Lunch prep / clean up  1:00 – Team Games  2:00 – Weekend Readiness  3:00- Departure |
| **8th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Support Group  11:00- Mindful Affirmations  12:00- Lunch prep / clean up  1:00 – Goals  2:00 – End of Day Discussion  3:00- Departure | **9th**  8:00- Morning Prep/Social  9:00- Feelings Check  10:00- Get Moving  11:00- Improv  12:00- Lunch prep / clean up  1:00 – Art  2:00 – End of Day Discussion  3:00- Departure | **10th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Brain Games  11:00- Meditation  12:00- Lunch prep / clean up  1:00- Effective Communication  2:00 – Life Skills  3:00- Departure | **11th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Creative Writing  11:00- Outing- Kickball Practice  12:00- “” Lunch “”  1:00 – Kickball Practice Cont’d  2:00 – “”  3:00- Departure | **12th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Ping Pong  11:00- Goals Follow Up  12:00- Lunch prep / clean up  1:00 – Switch Bowling  2:00 – Weekend Readiness  3:00- Departure |
| **15th**  8:00- Morning Prep/Social  9:00- Feelings Check  10:00- Support Group  11:00- Mindful Affirmations  12:00- Lunch prep / clean up  1:00 – Goals  2:00 – End of Day Discussion  3:00- Departure | **16th**  8:00- Morning Prep/Social  9:00- Feelings Check  10:00- Get Moving  11:00- Budgeting/Finances  12:00- Lunch prep / clean up  1:00 – Art  2:00 – End of Day Discussion  3:00- Departure | **17th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Calendar Discussion  11:00- Nature Walk/Exercise  12:00- Lunch prep / clean up  1:00 – Musical Interaction  2:00 – Life Skills  3:00- Departure | **18th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Reading  11:00- Outing- Kickball Practice  12:00- “” Lunch “”  1:00 – Kickball Practice Cont’d  2:00 – “”  3:00- Departure | **19th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Interactive Game  11:00- Weekend Readiness  12:00- Departure /Lunch |
| **22nd**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Support Group  11:00- Mindful Affirmations  12:00- Lunch prep / clean up  1:00 – Goals  2:00 – End of Day Discussion  3:00- Departure | **23rd**  8:00- Morning Prep/Social  9:00- Feelings Check  10:00- Get Moving  11:00- Poetry  12:00- Lunch prep / clean up  1:00 – Art  2:00- End of Day Discussion  3:00- Departure | **24th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Brain Games  11:00- Meditation  12:00- Lunch prep / clean up  1:00 – Origami  2:00 – Life Skills  3:00- Departure | **25th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Reading  11:00- Outing- Kickball Practice  12:00- “” Lunch “”  1:00 – Kickball Practice Cont’d  2:00 – “”  3:00- Departure | **26th**  8:00- KICKBALL -PAYSON  9:00- “”  10:00- “”  11:00- “”  12:00- “”  1:00 – “”  2:00 – “”  3:00- Departure |
| **29th**  8:00- Morning Preparation/Social  9:00- Feelings Check  10:00- Support Group  11:00- Mindful Affirmations  12:00- Lunch prep / clean up  1:00 – Goals  2:00 – End of Day Discussion  3:00- Departure | **30th**  8:00- Morning Prep/Social  9:00- Feelings Check  10:00- Get Moving  11:00- Art  12:00- Lunch prep / clean up  1:00 – Music  2:00 – End of Day Discussion  3:00- Departure |

**Questions?**

**Contact 928-725-5095**

5448 HWY 260. Suite 200 ***Please Note: Schedule is tentative to change due to unforeseen circumstances.***

Lakeside, AZ 85929

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**Please make sure to eat a balanced breakfast before arriving at the Lakeside Village.**

**Coffee is served daily during morning arrival.**

**Lunch is served daily to all attending enrolled members (Must Be Present or Notify staff by 10:30 am.)**

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