**April 2024**

**Lakeside Village**

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| **MONDAY** | **Tuesday** | **Wednesday** | **Thursday** | **FUN-Friday** |
| **1st**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Support Group11:00- Mindful Affirmations 12:00- Lunch prep / clean up1:00 – Goals2:00 – End of Day Discussion 3:00- Departure | **2nd**8:00- Morning Prep/Social 9:00- Feelings Check 10:00- Get Moving 11:00- Music Therapy 12:00- Lunch prep / clean up1:00 – Feelings Journal 2:00 – End of Day Discussion 3:00- Departure | **3rd**8:00- Morning Preparation/Social 9:00- Feelings Check10:00- Brain Games 11:00- Meditation12:00- Lunch prep / clean up1:00- Effective Communication 2:00 – Life Skills 3:00- Departure | **4th** 8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Creative Writing 11:00- Outing- Kickball Practice 12:00- “” Lunch “” 1:00 – Kickball Practice Cont’d2:00 – “”3:00- Departure | **5th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Switch 11:00- Goals Follow Up12:00- Lunch prep / clean up1:00 – Team Games 2:00 – Weekend Readiness 3:00- Departure |
| **8th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Support Group11:00- Mindful Affirmations 12:00- Lunch prep / clean up1:00 – Goals2:00 – End of Day Discussion 3:00- Departure | **9th**8:00- Morning Prep/Social 9:00- Feelings Check 10:00- Get Moving 11:00- Improv 12:00- Lunch prep / clean up1:00 – Art 2:00 – End of Day Discussion 3:00- Departure | **10th**8:00- Morning Preparation/Social 9:00- Feelings Check10:00- Brain Games11:00- Meditation12:00- Lunch prep / clean up1:00- Effective Communication 2:00 – Life Skills 3:00- Departure |  **11th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Creative Writing 11:00- Outing- Kickball Practice 12:00- “” Lunch “” 1:00 – Kickball Practice Cont’d2:00 – “”3:00- Departure |  **12th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Ping Pong11:00- Goals Follow Up 12:00- Lunch prep / clean up1:00 – Switch Bowling2:00 – Weekend Readiness 3:00- Departure |
| **15th**8:00- Morning Prep/Social 9:00- Feelings Check 10:00- Support Group11:00- Mindful Affirmations 12:00- Lunch prep / clean up1:00 – Goals 2:00 – End of Day Discussion 3:00- Departure | **16th**8:00- Morning Prep/Social 9:00- Feelings Check 10:00- Get Moving 11:00- Budgeting/Finances 12:00- Lunch prep / clean up1:00 – Art2:00 – End of Day Discussion 3:00- Departure |  **17th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Calendar Discussion11:00- Nature Walk/Exercise12:00- Lunch prep / clean up1:00 – Musical Interaction 2:00 – Life Skills 3:00- Departure |  **18th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Reading 11:00- Outing- Kickball Practice12:00- “” Lunch “” 1:00 – Kickball Practice Cont’d2:00 – “”3:00- Departure | **19th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Interactive Game11:00- Weekend Readiness 12:00- Departure /Lunch  |
| **22nd**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Support Group 11:00- Mindful Affirmations 12:00- Lunch prep / clean up1:00 – Goals 2:00 – End of Day Discussion 3:00- Departure | **23rd**8:00- Morning Prep/Social 9:00- Feelings Check 10:00- Get Moving 11:00- Poetry 12:00- Lunch prep / clean up1:00 – Art 2:00- End of Day Discussion 3:00- Departure |  **24th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Brain Games 11:00- Meditation12:00- Lunch prep / clean up1:00 – Origami 2:00 – Life Skills 3:00- Departure | **25th** 8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Reading 11:00- Outing- Kickball Practice12:00- “” Lunch “” 1:00 – Kickball Practice Cont’d2:00 – “”3:00- Departure | **26th**8:00- KICKBALL -PAYSON9:00- “”10:00- “”11:00- “”12:00- “”1:00 – “”2:00 – “”3:00- Departure |
|  **29th**8:00- Morning Preparation/Social 9:00- Feelings Check 10:00- Support Group 11:00- Mindful Affirmations 12:00- Lunch prep / clean up1:00 – Goals 2:00 – End of Day Discussion 3:00- Departure | **30th**8:00- Morning Prep/Social 9:00- Feelings Check 10:00- Get Moving 11:00- Art 12:00- Lunch prep / clean up1:00 – Music 2:00 – End of Day Discussion 3:00- Departure |

**Questions?**

**Contact 928-725-5095**

5448 HWY 260. Suite 200 ***Please Note: Schedule is tentative to change due to unforeseen circumstances.***

Lakeside, AZ 85929



 **Please make sure to eat a balanced breakfast before arriving at the Lakeside Village.**

 **Coffee is served daily during morning arrival.**

**Lunch is served daily to all attending enrolled members (Must Be Present or Notify staff by 10:30 am.)**

